

Our vision is that all people with a learning disability and their carers in Sheffield feel valued and respected. We believe that everyone should be supported to reach their full potential and to live the life they choose.

Thank Gateway It's Friday (TGIF)

TGIF is a youth group for individuals aged between 6 and 15 years old. It is an opportunity to meet in a safe supervised setting whilst having lots of fun. The group is open for both young people with a learning disability and their siblings. TGIF is both person-centred and family-centred taking each child's preferences and support needs into account. TGIF provides a mix of activities including sports, cooking and arts/crafts. The group runs from 6:30pm until 8:30pm and costs £3 per session.

Shine Out on Saturdays

Shine Out on Saturdays is a performing arts group for young people aged between the ages of 10 and 18 years old. Shine out gets involved in lots of different activities including dancing, singing, music, art and making new friends! The group runs on alternate Saturdays from 10am to 12:30pm and a healthy snack is provided. This group is £3 per session.



Please note that TGIF and Shine out are not able to provide personal care or administer medication so you will need to bring a parent or support worker if you need this support.

Children and Young People's Services



Special Needs Inclusion Play Scheme (SNIPS)

SNIPS is a unique, person-centred service for children and young people which provides a fun and safe environment for individuals to get involved in different activities. The service is held at Norfolk Lodge but all referrals need to go through the Sheffield City Council. The service is able to provide one to one support if needed. Activities include art, sport, cooking, pottery, music and team games. The service runs on Saturdays and during school holidays.

If you would like more information please contact Ruth Humphreys, Playcare Mentor at Sheffield City Council on (0114) 273 4017.



Norfolk Lodge

Sheffield Mencap and Gateway has a large, safe, well-equipped building in the Norfolk Park area of the city on the Supertram route. Our building is fully accessible and has a changing places facility.



Contact Us

For more information or to arrange a visit, please contact us using the details below:

Telephone: Janet on: (0114) 276 7757

E-mail: developmentmanager@sheffieldmencap.org.uk

Address: Norfolk Lodge, Park Grange Road, Sheffield, S2 3QF

Website: www.sheffieldmencap.org.uk

If there is something you wish to do that isn't on this leaflet then talk to us and we will see what we can do